

Sovereign Stones

Royal Jewelry



In honour of the birth of Prince Charles on November 14, 1948, the then Princess Elizabeth was gifted with the Flower Basket brooch from her parents King George VI and Queen Elizabeth. With Ruby, Diamond and Sapphire flowers, the piece is said to be a favorite and has been seen worn to many special occasions since. The Queen always wears a brooch. It is not chosen haphazardly. Her Majesty chooses gem colours that match her outfits and she also chooses both outfits and symbols that match the occasion. Other females in "the firm" borrow symbolic pieces from the Queen in their own duties. This is how the women in the royal family, who really lack a voice of their own in public duty, express themselves. Jewelry and clothing are cultural and political statements. The Diamond Maple Leaf brooch, given in 1939 to the Queen Mother by the people of Canada has been worn by the Queen, and more recently on Canadian tours by Camilla, current wife of Prince Charles and by Kate Middleton. During the 2014 New Zealand tour she wore a dress with a fern embroidered on it as that is the Kiwi (New Zealander) national symbol.



Did you know?

- The Sapphire in the engagement ring given to the Duchess of Cambridge, Kate Middleton, by Prince William was originally handpicked from a selection of jewels by his mother, then Lady Diana Spencer, when she became engaged to Prince Charles.
- After the death of their mother, Princes William and Harry were taken to their mother's apartment at Kensington Palace to pick out keepsakes of her that they each would like. Harry chose the Sapphire engagement ring while William chose her watch. When William decided to marry Kate he asked Harry for their mother's ring for Kate and Harry happily agreed.
- The Queen mother and Princess Diana's own mother Frances also had Sapphire engagement rings.
- Several other pieces of Diana's jewelry have been given to Kate by William including a set of Sapphire earring studs that the Duchess of Cambridge had reset into drop earrings and wore on their Canadian Tour in 2011.

Soul Coaching by Sandy

Telephone 519 824-1507
sacredstonesforthesoul@gmail.com

WWW.SACREDSTONESFORTHESOUL.COM



Sapphire Stone of Destiny

Sapphire is one of the four precious stones. The others are Ruby, Emerald and Diamond. Actually Ruby and Sapphire are sister corundum stones composed of aluminum oxide. The colour varies from yellow to almost black depending on the iron and titanium composition. India, Sri Lanka, Australia and Madagascar are providers of Sapphires. Sapphire is very hard and is used industrially also. Synthetic Sapphire protects the camera lens on an iPhone.

Egyptians believed the world sat on Sapphire due to the colour of the sky. It is linked to vision and the eye of Horus. Some say that the divine law in the form of the Ten Commandments was given to Moses on Sapphire tablets. It promotes trust and fidelity. Sapphire also calms the spirit and helps with one's duty. It is sometimes called the Stone of Destiny. Priests, aristocrats and kings favoured Sapphire.



The Sapphire brooch given to Princess Diana as a wedding gift by the Queen Mother was repurposed by the Princess into a choker necklace with rows of Pearls.

Sapphire



Rock Star of the Month



The Princess and the Pearl

When Diana, the late Princess of Wales, wore the so called "Elvis" dress made of a high collared oyster pearl material, it was thought that she was imitating the King of Rock and Roll with her fashion statement. In actual fact, it was a different monarch that she was honoring. This was her nod to the Elizabethan era. Queen Elizabeth I is often wearing Pearls in official portraits. Pearls represent purity as her image was of the virgin Queen.

Coaching Questions:

- What does your jewelry or clothing say to the world on your behalf?
- What form does destiny take in your life? How is it anchored?
- Treasures take many forms. Not all of them are gold and gems or even material objects. Which treasures are you choosing to leave for the next generation?
- All families have traditions and heirlooms that get passed down. What are yours? How do they serve you? What do they mean to you?
- Which family legacies do you want to keep and which do you want to leave behind in the past?

Before you wear inherited jewelry...

Be sure to clear it. All possessions hold the energetic imprints of the owner. Jewelry constantly worn on the body especially does, so do clothes and furniture. Ever walk into a room and feel disturbed after a quarrel was in it? You could find Aunt Bertha's ring holds the imprint of her arthritis or her anxiety. To clear the energy of jewelry you can use any of the following techniques:

- Put in a bowl of sea salt
- Put in a pot of earth
- Burn a resin such as frankincense and move it through the smoke
- Burn sage and smudge with smoke
- Soak in salt water (not good for all types of metal, shells or stones)
- Spray water with essential oils or Rescue Remedy flower essences



The Stone of Scone



Clach-na-Cinneamhain

The Stone of Scone

*"Unless the fates be faulty grown
And prophet's voice be vain
Where'er is found this sacred stone
The Scottish race shall reign"*

The Stone of Destiny was the stone upon which all Scottish monarchs were crowned between 480 and 1292 AD. It is also one of the quintessential symbols of Scottish sovereignty. Legend has it that the 150 kg sandstone was originally the stone pillow upon which the Judean prophet Jacob dreamt of the ladder of angels. It is said to have made its way through Egypt, Spain and onto the British Isles. Some say it was taken from Tara, the seat of Kings, in Ireland where it was known as Lia Fail. The Irish maintain that their Lia Fail is still at Tara. Edward I of England had a coronation chair specially built over the Stone of Scone so that all future British Monarchs would then symbolically also rule the Scots. Our current queen is the last to be crowned upon it. On Christmas Day 1950, four University Of Glasgow students removed the Stone of Destiny from Westminster Abbey. It was eventually retrieved. In November 1996, the stone was officially returned to Edinburgh- finally honoring a 1328 peace treaty. There are some, however, who believe that monks hid the true Stone of Destiny under Dunsinane Hill or the River Tay and that Edward I was foiled in his attempt to use their own sacred stone against the Scots.



Sacred Stones for the Soul

Lily of the Valley

Lily of the Valley is a woodland flower that blooms in May. It represents the return of happiness in Victorian language of flowers. It signifies purity, chastity, good luck and faithfulness. It is often used in wedding celebrations. In France, it is customary to give a sprig of *muguet* on the first of May for good luck. This tradition dates back to the Renaissance. For the Celts, May 1 was the feast of Beltane celebrating the beginning of summer. Lily of the Valley is very fragrant and used in perfumes. It is also toxic, although it has been used medicinally in the treatment of the heart and for epilepsy. Christian legend suggests Lily of the Valley grew from where the Virgin Mary's tears fell at the foot of the cross.



Princess Grace of Monaco and the Duchess of Cambridge both had bridal bouquets of Lily of the Valley

Healing the world one gemstone at a time...

Sacred Stones for the Soul

Guelph, Ontario
Canada

