

Sacred Stones for the Soul

“When someone is counting out gold for you, don’t look at your hands, or the gold. Look at the giver.” Rumi

El Dorado

The Spanish conquistadors had heard the legends of El Dorado. For them the new world was a potential cornucopia of rich resources and El Dorado was the place that would yield the gold. El Dorado, however, turned out to be a person not a place. The indigenous Muisca tribe of what we now call Columbia recount tales of a rite of initiation. A new leader would be attired only in gold dust, which he would wash off into the sacred lake. He was the golden man. On a special raft he would offer gold and gems to his deities.

Ornate handcrafted golden figurines were, not for personal adornment, but to offer in appreciation to Spirit. Gold was not mined, but trickled down in mountain streams. It looked like the sun. It was sacred. It came from nature and was returned to nature -often by throwing golden figurines into the sacred lake. In the new world gold was a sacred stone. In the old world, its value was more material not spiritual.



<http://pueblosoriginarios.com/sur/cariibe/muisca/guatavita.html>

- Are you searching for a heart of gold?
- What in your life is shiny and bright?
- Who or what is your El Dorado?
- How do you balance the material and the spiritual in your world?
- Looking for your inner gold?
- How do you honour the sacred?
- What do you most value in your life?
- What are the rituals in your life?
- Are you the conquistador or the aboriginal in your own life?



“Though we travel the world over to find the beautiful, we must carry it with us or we will not find it.”

Ralph Waldo Emerson



<http://www.thaneeya.com/news/how-to-make-sugar-skulls/>

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The Quest for El Dorado

The quest is an archetypal act. Whether it is the quest for the Holy Grail, the quest for the Alchemical Philosopher's Stone or the quest for El Dorado, it symbolizes a journey towards treasure. The quester thinks she has to travel far away to find the valued treasure, but really the gold has been inside the seeker all along and she just needed some grand experience to prove herself and to bring it out.

Crystal Skulls

El Dia de los Muertos in Mexico is a celebration that honours the dead. It is felt that the departed loved ones do not want to be mourned in sadness but remembered with joy. Today the festivities occur during all Saints' and all Soul's' days on November 1-2. Skeleton costumes and sugar skulls mark the event. It is a festival that predates the arrival of Europeans. In pre-Columbian days, before the Spanish priests convinced the Aztec, Olmec and Mayan peoples to merge their celebrations into a Christian one, it was a month long celebration of the first corn harvest that occurred during July and August.

Mesoamerican spirituality is rich and mystical. Some believe that the sugar skulls symbolize the crystals skulls from antiquity that have been uncovered in Mayan lands. It is quite possible that the Day of the Dead has its origins in the legendary city of Atlantis, as it is thought that the crystal skulls were actually Atlantian. The use of crystals for healing and technology is a hallmark of the Golden Age of Atlantis. The quartz skulls were thought to be data record keepers akin to our use of quartz in computer chips in modern times. Certainly, the crystal skulls were considered sacred stones to whoever carefully placed them around the Yucatan peninsula.

Rock Star of the Month



Gold is an element on the periodic table. It is a soft metal. The scientific adjective for gold is “auric”, which is derived from the Latin for rising sun or dawn light. Gold reminds us of the sun. It is malleable, resistant to bacteria, ideal for implants and stents as well as in wiring for pacemakers.

The use of particles of gold in medicine is called Chrysotherapy. Gold can be injected to reduce rheumatoid arthritis inflammation. It has also been used to treat tuberculosis, is in some cancer medication, HIV medication and dental work. Gold grains implanted aid in the treatment for prostate cancer. Both gold and silver have been used in acupuncture since antiquity.

The World Gold Council has this video link <http://www.gold.org/technology/gold-medicine> about the newly recognized healing properties of gold in a medical technology. Gold also has aesthetic medicinal properties. Gold filament wiring networked under the skin promotes healthier collagen growth, reduces inflammation and brown age spots. A gold thread lift facelift will only set you back a couple thousand British pounds sterling per treatment.



Our new line of hand crafted earrings and pendants.



Did you know?

- *Precious metals were originally worn for their healing properties*
- *Rings put pressure on specific acupressure points related to key meridians in the body depending on the finger where worn*
- *Metallic bracelets offer protection*

Sacred Stones for the Soul- Hi5vB



Sacred Stones for Santa



Our gems will be at these seasonal Christmas Charity Bazaars

- Oct 26 Guelph Curling Club (Power of Hope Ontario)
- Nov 14-15 Joy Boutique Christmas House Tour (Hope House)
- Nov 22 Best Western Royal Brock Guelph (Kinettes)



For whatever we lose (like a you or a me),
It's always ourselves we find in the sea.
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Hi5vB Inspiration Cards

